



Unlock rewards



Welcome to your 2026 Medicare Advantage rewards program

As a MHBPP Postal Aetna Medicare Advantage member, healthy actions come with perks. You can earn up to \$400 in rewards by completing eligible health activities no later than December 15, 2026.

How can you participate? It's easy as:



Step 1: Complete activities

Earn rewards for completing eligible activities (each activity is worth \$20 to \$100 in rewards).



Step 2: Let us know

Self-report after completing eligible activities on the member website or by calling us.



Step 3: Enjoy rewards

Redeem your rewards for a Healthy Rewards Wallet on an Aetna® Medicare Extra Benefits Card that can be used at many participating locations.

Get started today

- Visit My.Aetna.com/HealthyRewards to register or log in with your current Aetna® member website username and password.
- Once logged in, select your Medicare Advantage plan option to get started.

Dependents will need to register for their own account.

If you have questions, call us at **1-844-428-8147 (TTY: 711)**, 8 AM to 8 PM local time, 7 days a week, excluding federal holidays.

2026 redeemable activities

Activity		Reward
	Have a Healthy Home Visit	\$100
	Complete an Annual Wellness Visit (AWV) or Annual Physical Exam	\$80
	Get an annual preventive screening such as screenings for colorectal cancer, breast cancer or depression	\$100
	Stay on track with diabetes care by completing an A1C test, a diabetic eye exam and following your doctor's care plan	\$100
	Get an eligible vaccine: annual flu shot, COVID-19 vaccine or booster, hepatitis-B vaccine or pneumococcal vaccine.	\$20

Terms and conditions

Members can earn rewards by completing some or all program activities. Rewards can be earned from January 1 to December 15, 2026. Participation in the rewards program is voluntary and does not affect a member's Medicare Advantage plan benefits.

Frequently asked questions

What do you need to do?

1. **Go to My.Aetna.com/HealthyRewards** to log into your secure member website. There, you can see more ways to earn rewards this year.
2. **Follow the instructions** in your Rewards Center. You'll be directed to the **Rewards Portal** to confirm you've completed your reward activities.
3. **Add reward funds to the Healthy Rewards Wallet on the Extra Benefits Card.** First time redeeming a reward? We'll send you an Extra Benefits Card with your rewards preloaded on it.

How long does it take to get a reward?

You'll receive an Extra Benefits Card and member guidebook within 10 to 14 business days once you redeem your first reward in 2026. You'll get this in place of individual gift cards.

What items can I purchase with the Healthy Rewards Wallet on the Extra Benefits Card?

You can use the rewards funds to help pay for certain everyday expenses including:

- Healthy foods
- Utilities
- Transportation
- Personal care products
- Over-the-counter (OTC) health and wellness products

Visit **CVS.com/Aetna** to learn more about covered products and services.

How can you report and confirm completion of eligible activities to earn rewards?

There are 3 ways. You can:

- Log in to your member portal at **My.Aetna.com/HealthyRewards**
- Return the prepaid business response card provided with your program materials.
- Call the number included in your program materials.

For more information about the Healthy Rewards Wallet on the Extra Benefits Card, visit **CVS.com/Aetna** or call **1-844-428-8147 (TTY: 711)**, 8 AM to 8 PM local time, 7 days a week, excluding federal holidays.

See Evidence of Coverage for a complete description of plan benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by service area. Medicare rules don't allow earned rewards to be used for Medicare-covered goods or services, including medical or prescription drug out-of-pocket costs. Earned rewards may not be used to pay for medical copays, prescription costs, or any other Medicare covered good or services. Earned rewards may also not be used on alcohol, tobacco, cannabis, firearms, lottery, gift cards or be converted to cash.

Rewards earned may be considered taxable income. Please consult your tax adviser if you have any questions regarding the taxability of rewards. The 2026 Aetna Healthy Rewards program is only applicable to active members with eligible MA and/or MAPD plans. Qualifying participants who are eligible to perform the program activities may earn rewards by completing all or some of the program activities. Rewards will be distributed to participants and available to redeem on their Extra Benefits Card. The 2026 Aetna Healthy Rewards program is available to our members until the last day of the year. You will need to earn and redeem your reward by December 15, 2026, or the date you leave the plan, whichever comes first. Participants should check the terms of their Schedule of Cost Sharing (SOC) prior to participating in any program activities. Except as set forth in the SOC, Aetna shall not be responsible for any costs associated with, or arising from, a participant's performance of program activities. Your participation in Aetna Healthy Rewards program is voluntary and does not affect your benefits from your Aetna health plan. Eligibility is limited to the Aetna member that this communication was addressed to. Subject to benefits and eligibility verification. Aetna is part of the CVS Health® family of companies.

This material is for informational purposes only and is not medical advice. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Contact a health care professional with any questions or concerns about specific health care needs. Providers are independent contractors and are not agents of Aetna. Provider participation may change without notice. Aetna is not a provider of health care services and, therefore, cannot guarantee any results or outcomes. The availability of any particular provider cannot be guaranteed and is subject to change. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to our website.